

Become an LDF Action Volunteer and help make a difference!

Please check the activities you may like to do.

- Donate financially to the LDF and solicit others to donate to the LDF (including "In Honor/Memory of", and workplace donations, e.g. United Way, Combined Federal Campaign).
- Subscribe to the LDF's scientific journal (JSTD) or donate subscriptions to other groups.
- Provide scientific advice to the LDF. (Include your area of expertise and a resume.)
- Spread the word about the LDF to local media and post LDF information in your community.
- Help out at the LDF's office.
- Write letters and make calls on timely issues.
- Call state libraries and confirm possession of LDF programs.
- Share your story with the LDF for use with media and the legislative process. (Remember to send the LDF a brief summary of your story).

Become an LDF Volunteer Leader in the following ongoing capacity:

- Self-Help (S-H) Group Leader (Complete the Self-Help Group Application)**
 - 1) Lead an LDF Self-Help Group.
 - 2) Write articles and letters for the newsletter.
 - 3) Develop new S-H group leaders and help them establish new groups in the same or other areas.
- Community Education Leader**
 - 1) Present LDF displays at local programs (e.g. health fairs, classrooms, community gatherings, etc.).
 - 2) Conduct one LDF community education program in your area each year.
 - 3) Participate in LDF's Speaker Bureau and conduct LD educational speeches on behalf of the LDF.
 - 4) Conduct a 1/2-day medical education program, once a year in your state.
 - 5) Volunteer at LDF events.
 - 6) Network with potential supporters and send contact information to the appropriate LDF committee.
 - 7) Establish an LD program at your place of employment.
- Fundraising Leader**

We have very limited seed money! We suggest you start with no-cost programs such as bake sales, garage sales, employee "dress down" days, etc. New ideas are welcome.

 - 1) Conduct or assist with a fundraiser. Prior approval is necessary from the LDF.
 - 2) Write letters to contacts requesting financial or in-kind donations to the LDF.
 - 3) Make fundraising calls from the LDF office.
 - 4) Fundraise for approved research projects.

Media Leader Volunteer

Include the latest key points and accurate scientific information.

1) Agree to be interviewed by the media. (Write your “angle” in the space provided or on a separate sheet of paper if you wish to expound on your angle e.g. physician, patient, pet owner, etc.)

2) Approach celebrity friends about assisting the LDF in getting out the message about LD.

3) Write letters to media regarding LD articles.

4) Write articles for placement in the media (e.g. letters to the editor, straight stories, articles for the LDF newsletter)

5) Clip LD & related topic articles and send them to the LDF (Note: please always include publication name and date.)

6) Help place Public Service Announcements in your local media.

7) Encourage the scientific community to speak-out, give interviews.

Scientific Educator (speaker or writer)

1) Give brief presentations for the LDF at local workplace luncheon programs.

2) Speak at one-day programs to healthcare workers for the LDF.

3) Write and publish articles on scientific topics.

4) Submit articles to the LDF's Journal.

5) Speak at LDF conferences.

Legislative Leader Volunteer

(Let us know if you have experience in this area)

1) Contact state and federal representatives on key issues.

2) Attend meetings in Washington, D.C. with, or on behalf of the LDF.

3) Attend governmental meetings in your state for, or with, the LDF.

Your Information

Your Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Daytime Phone: _____ Fax: _____

E-mail: _____

Mail Completed form to:

Lyme Disease Foundation
1 Financial Plaza
Hartford, CT 06103

Thank you for your help.